



Iowa Senior Olympics Newsletter: Volume 1 #8

The 24th Iowa Senior Olympic Games brought a record number of people to West Des Moines this June. Athletes from 21 states won medals, set records, reconnected with old friends and made new friends. The Games started with thunderstorms and ended with a last second shot. In between the level of competition and performances were the best ever. All of the results are posted on the web site <http://www.iowaseniorolympics.com> Here are some numbers from this year's Games. (complete sets of the below statistics are attached and will be posted on our web site)

Athletes competed in 23 sports with 68 separate events. Sports ranged from Badminton and Basketball to Track & Field and Volleyball with most of the alphabet covered in between. New events such as Frisbee Throw, Javelin and the 4 x 100 relay joined the lineup this year but old favorites like Table Tennis, Shuffleboard and Swimming continue to draw large numbers of competitors.

By the end of the Championships over 1,800 medals had been awarded. With 432 different individuals taking home Gold, Silver or Bronze medallions. 88 people won at least 6 events with 31 of them taking home double digit medals.

Wins	First Name	Last Name	Division	State
17	Howard	Dewell	85-89 Male	IL
16	Marty	Feeney	60-64 Male	IA
16	Joseph	Bohlke	55-59 Male	IA
16	Greg	Palmersheim	55-59 Male	IA
16	Randy	Davis	50-54 Male	IA
15	Carolyn	Dodd	75-79 Female	IA
15	Ron	Peterson	65-69 Male	IA
14	David	Easterla	70-74 Male	MO
14	Thomas	Monroe SR	70-74 Male	AZ
14	Don	Tripp	50-54 Male	IA
13	Carroll	Marty	75-79 Male	IA
13	Tarry	Cory	60-64 Male	IA
13	Alan	Schenck	60-64 Male	IA
12	Ralph	Scott	80-84 Male	IA
12	Alice	Purdes	75-79 Female	IL
12	Wilber	Veenstra	70-74 Male	IA
12	Anne	Burnett	70-74 Female	AZ
12	Neva	Weisskopf	60-64 Female	FL
11	Ed	Failor	80-84 Male	IA
11	Frances	Young	80-84 Female	IA
11	Richard	Anderson	75-79 Male	IA
11	Duane	Shaw	70-74 Male	KS
11	Wylene	Gardner	70-74 Female	IA
11	Ruben	Rullan	65-69 Male	IA
11	Jean	Minahan	65-69 Female	IA
11	Wendy	Weinberg	65-69 Female	AZ
11	Richard	Rounds	55-59 Male	IA

10	Lyle	Sonnenschein	75-79 Male	SD
10	Don	Zimmer	75-79 Male	IA
10	Carol	Linderman	70-74 Female	IA
10	Lynn	Johnson	60-64 Female	IA
10	Rhonda	Penquite	50-54 Female	IA

No records are kept in the team sports like softball and volleyball but 23 previous years of performances were in the record books for all the individual event sports. Those records took a severe beating this year as 119 records fell. The water in the pool must have been sprinkled with special chemicals or the competitors broke out the high tech suits because swimming led the way in record setting with 33 new records set in the 14 swimming events.

First Name	#	Division	State	Score/Time	Sport	Event
Mick Barry	7	60-64 Male	IA	1:20.04	Swimming	100 Backstroke
Mick Barry		60-64 Male	IA	1:24.45	Swimming	100 Breaststroke
Mick Barry		60-64 Male	IA	1:13.04	Swimming	100 Butterfly
Mick Barry		60-64 Male	IA	1:09.08	Swimming	100 Individual Medley
Mick Barry		60-64 Male	IA	2:44.12	Swimming	200 Individual Medley
Mick Barry		60-64 Male	IA	34.65	Swimming	50 Breaststroke
Mick Barry		60-64 Male	IA	30.56	Swimming	50 Butterfly
Tarry Cory	4	60-64 Male	IA	211-9	Frisbee	
Tarry Cory		60-64 Male	IA	242-5	Softball Throws	Distance
Tarry Cory		60-64 Male	IA	128-6	Track	Javelin
Tarry Cory		60-64 Male	IA	26-4	Track	Triple Jump
Cindy Hauber	4	55-59 Female	IA	1:23.95	Swimming	100 Individual Medley
Cindy Hauber		55-59 Female	IA	2:39.92	Swimming	200 Freestyle
Cindy Hauber		55-59 Female	IA	36.90	Swimming	50 Butterfly
Cindy Hauber		55-59 Female	IA	7:07.13	Swimming	500 Freestyle
Rita Jackson-Ashmead	4	75-79 Female	IA	20.87	Track	100 M Dash
Rita Jackson-Ashmead		75-79 Female	IA	44.44	Track	200 M Dash
Rita Jackson-Ashmead		75-79 Female	IA	1:49.90	Track	400 M Dash
Rita Jackson-Ashmead		75-79 Female	IA	8-4	Track	Long Jump/Running
Ruth Johnson	4	75-79 Female	IA	3:43.74	Swimming	200 Freestyle
Ruth Johnson		75-79 Female	IA	1:06.22	Swimming	50 Butterfly
Ruth Johnson		75-79 Female	IA	10:14.05	Swimming	500 Freestyle
Ruth Johnson		75-79 Female	IA	9.50	Track	50 M Dash
Wendy Weinberg	4	65-69 Female	AZ	1:52.89	Swimming	100 Breaststroke
Wendy Weinberg		65-69 Female	AZ	2:01.25	Swimming	100 Individual Medley
Wendy Weinberg		65-69 Female	AZ	2:30.72	Swimming	200 Freestyle
Wendy Weinberg		65-69 Female	AZ	50.97	Swimming	50 Breaststroke
Anne Burnett	3	70-74 Female	AZ	2:34.66	Swimming	100 Butterfly
Anne Burnett		70-74 Female	AZ	5:39.98	Swimming	200 Breaststroke
Anne Burnett		70-74 Female	AZ	4:54.91	Swimming	200 Individual

						Medley
Michael Fitzgerald	3	50-54 Male	IA	24.48	Track	200 M Dash
Michael Fitzgerald		50-54 Male	IA	58.21	Track	400 M Dash
Michael Fitzgerald		50-54 Male	IA	6.40	Track	50 M Dash
Roy McKay	3	85-89 Male	IA	2:42.00	Swimming	100 Freestyle
Roy McKay		85-89 Male	IA	1:16.12	Swimming	50 Backstroke
Roy McKay		85-89 Male	IA	1:10.09	Swimming	50 Freestyle
Ron Peterson	3	65-69 Male	IA	168-8	Frisbee	
Ron Peterson		65-69 Male	IA	20	Soccer Kick	Accuracy
Ron Peterson		65-69 Male	IA	67-9	Track	Javelin
Angie Amman	2	60-64 Female	IA	61-1	Frisbee	
Angie Amman		60-64 Female	IA	43-2	Track	Javelin
Joseph Bohlke	2	55-59 Male	IA	252-2	Frisbee	
Joseph Bohlke		55-59 Male	IA	89-5	Track	Javelin
Tina Davis	2	80-84 Female	IA	17-7	Track	Javelin
Tina Davis		80-84 Female	IA	4-10	Track	Long Jump/Running
Howard Dewell	2	85-89 Male	IL	110-0	Frisbee	
Howard Dewell		85-89 Male	IL	47-1	Track	Javelin
Maria Eaton	2	80-84 Female	IA	8	Basketball Shooting	Around / World
Maria Eaton		80-84 Female	IA	9	Basketball Shooting	Free Throws
Ed Failor	2	80-84 Male	IA	130-0	Frisbee	
Ed Failor		80-84 Male	IA	74-5	Track	Javelin
Wylene Gardner	2	70-74 Female	IA	32-10	Frisbee	
Wylene Gardner		70-74 Female	IA	16-7	Track	Javelin
Lee Kane	2	75-79 Male	IA	13	Basketball Shooting	Free Throws
Lee Kane		75-79 Male	IA	178-6	Frisbee	
Tom Kealy	2	50-54 Male	IA	1:08.45	Swimming	100 Individual Medley
Tom Kealy		50-54 Male	IA	5:51.96	Swimming	500 Freestyle
Ralph Pantoga	2	70-74 Male	IA	121-0	Frisbee	
Ralph Pantoga		70-74 Male	IA	55-8	Track	Javelin
Gary Patton	2	65-69 Male	IA	1:05.25	Track	400 M Dash
Gary Patton		65-69 Male	IA	2:35.70	Track	800 M Run
Rhonda Penquite	2	50-54 Female	IA	101-6	Football Throws	Distance
Rhonda Penquite		50-54 Female	IA	123-0	Softball Throws	Distance
Alice Purdes	2	75-79 Female	IL	39-5	Frisbee	
Alice Purdes		75-79 Female	IL	23-5	Track	Javelin

Sherwood Sagedahl	2	70-74 Male	MN	1:07.22	Track	400 M Dash
Sherwood Sagedahl		70-74 Male	MN	124-7	Track	Javelin
Neva Weisskoph	2	60-64 Female	FL	72-6.25	Track	Discus
Neva Weisskoph		60-64 Female	FL	68-0	Track	Javelin
Dorothy Whitehead	2	75-79 Female	IA	3:44.99	Swimming	200 Backstroke
Dorothy Whitehead		75-79 Female	IA	46.27	Swimming	50 Backstroke

It would be nearly impossible to name a "Most Outstanding Performer" for the Iowa Senior Olympic Games. The people listed above in the wins and record categories are all deserving of recognition. Here are a couple of standouts from this group. I would like to recognize other individuals who had outstanding performances. There were certainly some in the team sports, which I don't have the individual stats for. Drop me an e-mail and I will get them mentioned other standouts in the next Newsletter.

- **Mick Barry** from Ankeny dominated the 60-64 Swimming by winning 9 events and setting records in 7 of them.
- **Tarry Cory** of Clive, 60-64 division, has his name all over the record book, especially in the throwing events. He added 4 more records this year while winning 12 Gold and 1 Silver medal.
- **Ruth Johnson**, 75-79 from Davenport, set 3 records in the pool, one on the track and won 2 Golds in Table Tennis.
- **Wendy Weinberg** and **Anne Burnett** travelled to Iowa from Arizona and took home a lot of hardware from the swim meet. Wendy won 11 Gold medals and established 4 records while Anne won 12 Golds and set 3 records.
- **Michael Fitzgerald**, Mason City, didn't win as many medals as others but was very impressive when he did. He took part in the very competitive 50-54 division of the sprints in Track. Winning the 50-100-200-400 and setting impressive records in three of the events.
- **Rita Jackson-Ashmead** from Ottumwa was a match for Fitzgerald as she set 4 records while winning 5 events on the track in the 75-79 division.
- **Ron Peterson**, 65-69 from Waukee, won 12 Gold Medals and set 3 records.
- **Cindy Hauber** of Ames took down 4 long standing records in the 55-59 division in swimming while winning 8 events.

There were many standouts in the 24th edition of the Iowa Senior Olympics, not the least of which were the volunteers who made the event happen. Many thanks to these people who gave of their time because they loved working with the participants.

The next Newsletter will have information on the 25th edition of the Iowa Senior Olympics and an update on the 2011 National Senior Games in Houston.

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