

Records / SWIMMING				
50 YARD BACKSTROKE / WOMEN				
50-54	Sara Rippentrop	Waukee	39.13	2008
55-59	Dorothy Whitehead	Indianola	40.48	1990
60-64	Dorothy Whitehead	Indianola	40.54	1995
65-69	Dorothy Whitehead	Indianola	42.80	2002
70-74	Dorothy Whitehead	Indianola	44.38	2005
75-79	Dorothy Whitehead	Indianola	46.27	2010
80-84	Jodie McKay	Des Moines	1:15.8	2006
85-89	Marijane Torjesen	Des Moines	2:00.3	2004
50 YARD BACKSTROKE / MEN				
50-54	Dan Kealy	Council Bluffs	30.83	2009
55-59	Norman Bower	Davenport	32.07	2008
60-64	Clyde Robinson	Des Moines	36.70	1994
65-69	George Henry	Cedar Rapids	40.41	1989
70-74	George Henry	Cedar Rapids	42.75	1995
75-79	Wesley Webb	N/A	45.35	1988
80-84	Stuart Ashmead	Ottumwa	1:01.5	2009
85-89	Roy McKay	Clive	1:16.1	2010
90-94	Ivan Schultz	Humboldt	1:46.8	1995
50 YARD BREASTSTROKE / WOMEN				
50-54	Susan Denny	Des Moines	46.09	2001
55-59	Lynn Johnson	Sioux City	40.18	2004
60-64	# Florence Dietz	Hot Springs Village, AR	50.45	1998
65-69	Judy Chadima	Cedar Rapids	53.12	1995
	# Wendy Weinberg	Scottsdale, AZ	50.97	2010
70-74	Rosemary DeJooode	Tama	51.05	2005
75-79	Jodie McKay	Des Moines	58.25	2002
80-84	Jodie McKay	Des Moines	1:02.7	2006
85-89	Genevieve Sloan	Des Moines	3:17.1	2006
50 YARD BREASTSTROKE / MEN				
50-54	Mick Barry	Ankeny	32.28	2000
55-59	Bill Klahn	Iowa City	35.33	2010
60-64	Mick Barry	Ankeny	34.65	2010
65-69	Tom Cady	Des Moines	43.94	1996
	# Robert Blake	Bridgeton, MO	43.07	1994
70-74	Stuart Ashmead	Ottumwa	48.97	2000
	# David Easterla	Maryville, MO	46.27	2010
75-79	Robert LaFavre	Cedar Falls	46.92	2009
	# Dan McCullough	Vermillion, SD	45.74	1994
80-84	Stuart Ashmead	Ottumwa	1:19.4	2009
50 YARD BUTTERFLY / WOMEN				
50-54	Debbie Fisk	Waukee	33.64	2008
55-59	Cindy Hauber	Ames	36.90	2010
60-64	Parkie Copeland	Waterloo	44.65	1990
65-69	Judy Chadima	Cedar Rapids	48.75	1995
70-74	Ruth Johnson	Davenport	57.90	2006
	# Judy Kennedy	Lincoln, NE	55.69	2007
75-79	Ruth Johnson	Davenport	66.2	2010

50 YARD BUTTERFLY / MEN				
50-54	Michael Barry	Ankeny	27.72	2000
55-59	Norman Bower	Davenport	31.32	2008
60-64	Mick Barry	Ankeny	30.56	2010
65-69	Tom Cady	Des Moines	43.09	1998
	# Roger Holthaus	Omaha, NE	40.03	2004
70-74	Jim Kempkes	Des Moines	46.94	1996
	# Perry Rockwell	Plattsville, WI	32.05	1996
75-79	George Henry	Cedar Rapids	67.8	2002
	# CL Bruce	Lake St Louis, MO	66.4	2008
50 YARD FREESTYLE / WOMEN				
50-54	Debbie Fisk	Waukee	32.26	2008
55-59	Judy Chadima	Cedar Rapids	36.36	1987
60-64	Judy Chadima	Cedar Rapids	35.38	1992
65-69	Judy Chadima	Cedar Rapids	38.13	1998
70-74	Judy Chadima	Cedar Rapids	40.25	2002
	# Judy Kennedy	Lincoln, NE	40.10	2007
75-79	Judy Chadima	Cedar Rapids	39.37	2004
80-84	Jodie McKay	Des Moines	1:02.2	2006
85-89	Marijane Torjesen	Des Moines	2:09.5	2003
50 YARD FREESTYLE / MEN				
50-54	Ronnie Dankert	Davenport	24.73	1997
55-59	Eric Fruin	Marshalltown	27.78	2003
60-64	Clyde Robinson	Des Moines	28.83	1994
65-69	George Henry	Cedar Rapids	32.90	1989
	# Robert Blake	Bridgeton, MO	28.63	1994
70-74	George Henry	Cedar Rapids	34.75	1995
	# Perry Rockwell	Plattsville, WI	30.28	1996
75-79	George Henry	Cedar Rapids	37.68	2002
80-84	Roger Smith	Davenport	49.73	2002
85-89	Roy McKay	Clive	1:10.1	
	# Howard Dewell	Quincy, IL	1:04.78	2011
90-94	Ivan Schultz	Humboldt	1:25.6	1995
100 YARD BACKSTROKE / WOMEN				
50-54	Elaine Wolf	Urbandale	1:47.0	2006
	# Nance Coggeshall	Grandview, MO	1:33.6	2008
55-59	Dorothy Whitehead	Des Moines	1:28.7	1992
60-64	Dorothy Whitehead	Des Moines	1:30.0	1997
65-69	Judy Chadima	Cedar Rapids	1:27.4	1998
70-74	Dorothy Whitehead	Indianola	1:38.4	2005
75-79	Judy Chadima	Cedar Rapids	1:45.4	2004
80-84	Marijane Torjesen	Des Moines	3:50.1	1999
85-89	Marijane Torjesen	Des Moines	4:13.1	2004
100 YARD BACKSTROKE / MEN				
50-54	Tom Kealy	Iowa City	1:12.5	2008
55-59	Norman Bower	Davenport	1:13.6	2008
60-64	Mick Barry	Ankeny	1:20.0	2010
65-69	George Henry	Cedar Rapids	1:35.6	1988
70-74	George Henry	Cedar Rapids	1:42.4	1995
75-79	Robert LaFavre	Cedar Falls	1:46.8	2009
80-84	Stuart Ashmead	Ottumwa	2:22.3	2009
85-89	Donald Huntoon	Des Moines	3:05.4	2008
90-94	Ivan Schultz	Humboldt	3:17.7	1993

100 YARD BREASTSTROKE / WOMEN				
50-54	Susan Ludwig	Iowa City	1:42.86	2011
	# Roberta Kelinson	Rock Island, IL	2:14.0	2006
55-59	Judy Chadima	Cedar Rapids	1:36.4	1987
60-64	Parkie Copeland	Waterloo	1:52.7	1990
65-69	Glenda Sharp	Cedar Rapids	2:06.0	2002
	# Wendy Weinberg	Scottsdale, AZ	1:52.9	2010
70-74	Glenda Sharp	Cedar Rapids	2:28.2	2006
	# Helen Sauer	Denver, CO	2:18.9	1998
75-79	Jodie McKay	Des Moines	2:14.3	2004
80-84	Jodie McKay	Des Moines	2:26.1	2008
100 YARD BREASTSTROKE / MEN				
50-54	Steven Jones	Martensdale	1:15.6	2010
55-59	Bill Klahn	Iowa City	1:22.1	2009
60-64	Mick Barry	Ankeny	1:24.5	2010
65-69	Robert LaFavre	Cedar Falls	1:37.1	1998
	# Sam Chilton	Omaha, NE	1:36.5	2000
70-74	Bill Miller	Des Moines	1:50.6	1993
	# Sam Chilton	Omaha, NE	1:47.1	2004
75-79	Robert LaFavre	Cedar Falls	1:44.7	2009
	# Dan McCullough	Vermillion, SD	1:39.9	1994
80-84	Stuart Ashmead	Ottumwa	3:04.1	2009
100 YARD BUTTERFLY / WOMEN				
50-54	# Nance Coggeshall	Grandview, MO	1:47.7	2008
70-74	# Anne Burnett	Cave Creek, AZ	2:34.7	2010
100 YARD BUTTERFLY / MEN				
50-54	Tom Kealy	Council Bluffs	1:03.8	2008
55-59	Tom Kealy	Council Bluffs	1:04.38	2011
60-64	Mick Barry	Ankeny	1:13.0	2010
65-69	Jim Kempkes	Des Moines	1:48.5	1992
	# Roger Holthaus	Omaha, NE	1:38.9	2004
70-74	Jim Kempkes	Des Moines	1:54.8	1995
	# Sam Chilton	Omaha, NE	1:37.3	2002
75-79	# Dan McCullough	Vermillion, SD	1:49.1	1994
100 YARD FREESTYLE / WOMEN				
50-54	Debbie Fisk	Waukee	1:09.2	2007
55-59	Jean Allen	Bettendorf	1:26.5	1992
60-64	Judy Chadima	Cedar Rapids	1:19.5	1992
65-69	Judy Chadima	Cedar Rapids	1:25.0	1996
70-74	Judy Chadima	Cedar Rapids	1:33.4	2002
	# Judy Kennedy	Omaha	1:31.9	2009
75-79	Judy Chadima	Cedar Rapids	1:29.4	2004
80-84	Jodie McKay	Des Moines	2:17.6	2006
85-89	Marijane Torjesen	Des Moines	2:51.4	2003
100 YARD FREESTYLE / MEN				
50-54	Brian Steffen	Cedar Rapids	55.61	2011
55-59	Tom Kealy	Council Bluffs	57.15	2007
60-64	Eric Fruin	Marshalltown	1:08.2	2006
65-69	George Henry	Cedar Rapids	1:12.7	1989
70-74	Jim Kempkes	Des Moines	1:20.8	1995
	# Perry Rockwell	Plattesville, WI	1:12.7	1996
75-79	Wesley Webb	N/A	1:17.6	1988
80-84	Stuart Ashmead	Ottumwa	1:55.6	2009
85-89	Roy McKay	Clive	2:42.0	
90-94	Ivan Schultz	Humboldt	3:32.2	1995

100 YARD INDIVIDUAL MEDLEY / WOMEN				
50-54	Debbie Fisk	Waukee	1:20.5	2007
55-59	Cindy Hauber	Ames	1:23.9	2010
60-64	Lynn Johnson	Sioux City	1:57.7	2009
65-69	Virginia Lane	Coralville	2:31.78	2011
	# Wendy Weinberg	Scottsdale, AZ	2:01.3	2010
70-74	Glenda Sharp	Cedar Rapids	2:11.3	2006
	# Judy Kennedy	Omaha, NE	2:00.81	2011
75-79	Carol Crossland	Des Moines	2:29.7	2004
80-84	Carol Crossland	Des Moines	3:13.1	2009
100 YARD INDIVIDUAL MEDLEY / MEN				
50-54	Tom Kealy	Council Bluffs	1:08.4	2010
55-59	Tom Kealy	Council Bluffs	1:12.18	2011
60-64	Mick Barry	Ankeny	1:09.1	2010
65-69	Jack Mathews	Des Moines	1:48.1	2004
	# Roger Holthaus	Omaha, NE	1:41.9	2004
70-74	Dale Melcher	Fairfield, IA	2:29.0	2008
	# Sam Chilton	Omaha, NE	1:36.9	2004
75-79	Stuart Ashmead	Ottumwa	2:15.4	2007
80-84	Stuart Ashmead	Ottumwa	2:53.5	2009
200 YARD BACKSTROKE / WOMEN				
50-54	Andrea Dorn	Nevada	3:52.4	2007
	# Nance Coggeshall	Grandview, MO	3:33.6	2008
55-59	Dorothy Whitehead	Des Moines	3:16.5	1992
60-64	Dorothy Whitehead	Des Moines	3:18.2	1995
65-69	Judy Chadima	Cedar Rapids	3:29.2	1995
70-74	Dorothy Whitehead	Indianola	3:43.7	2005
75-79	Dorothy Whitehead	Indianola	3:45.0	2010
80-84	Marijane Torjesen	Des Moines	8:34.7	1998
85-89	Marijane Torjesen	Des Moines	9:43.3	2006
200 YARD BACKSTROKE / MEN				
50-54	Dan Kealy	Council Bluffs	2:30.1	2009
55-59	Tom Kealy	Council Bluffs	2:39.56	2011
60-64	Dale Lucas	Urbandale	3:22.7	1994
65-69	George Henry	Cedar Rapids	3:37.4	1989
70-74	George Henry	Cedar Rapids	3:56.9	1995
	# Sam Chilton	Omaha, NE	3:52.8	2004
75-79	Robert LaFavre	Cedar Falls	4:04.9	2009
80-84	Stuart Ashmead	Ottumwa	5:01.2	2009
85-89	Donald Huntoon	Des Moines	6:41.6	2008
90-94	Ivan Schultz	Humboldt	7:10.9	1993
200 YARD BREASTSTROKE / WOMEN				
50-54	Susan Ludwig	Iowa City	3:52.56	2011
65-69	Glenda Sharp	Cedar Rapids	6:16.0	2004
70-74	Glenda Sharp	Cedar Rapids	6:09.8	2008
	# Anne Burnett	Cave Creek, AZ	5:40.0	2010
75-79	Glenda Sharp	Cedar Rapids	6:44.1	2010
200 YARD BREASTSTROKE / MEN				
50-54	KC Cornish	Grinnell	2:34.9	2007
55-59	Bill Klahn	Iowa City	3:17.6	2009
60-64	Lee Keller	Bettendorf	3:21.8	2004
65-69	Don Jepsen	Davenport	4:42.0	2005
	# Peter Eisenklam	Alton, IL	3:53.7	2008
70-74	# Sam Chilton	Omaha, NE	3:44.3	2004
75-79	Robert LaFavre	Cedar Falls	3:54.4	2009

200 YARD FREESTYLE / WOMEN				
50-54	Cindy Hauber	Ames	2:39.9	2010
55-59	Elaine Wolf	Urbandale	3:23.2	2008
60-64	Virginia Lane	Coralville	3:01.0	2010
65-69	Judy Chadima	Cedar Rapids	3:07.8	1998
70-74	Judy Chadima	Cedar Rapids	3:26.6	2002
	# Judy Kennedy	Omaha, NE	3:20.3	2009
75-79	Ruth Johnson	Davenport	3:43.7	2010
80-84	Marijane Torjesen	Des Moines	8:05.7	2001
85-89	Marijane Torjesen	Des Moines	9:58.4	2004
200 YARD FREESTYLE / MEN				
50-54	Brian Steffen	Cedar Rapids	2:05.61	2011
55-59	Kirk Geist	Gilbert	2:25.5	2007
60-64	Eric Fruin	Marshalltown	2:30.1	2006
65-69	Tom Cady	Des Moines	2:58.8	1997
	# Robert Blake	Bridgeton, MO	2:43.1	1994
70-74	George Henry	Cedar Rapids	3:09.0	1993
75-79	Stuart Ashmead	Ottumwa	3:47.5	2007
	# David Easterla	Maryville, MO	3:43.6	2008
80-84	Stuart Ashmead	Ottumwa	4:27.6	2009
200 YARD INDIVIDUAL MEDLEY / WOMEN				
50-54	Cynthia Schenck	Glenwood	5:01.8	2004
55-59				
	# Barbara Anderson	Omaha, NE	3:45.13	2011
60-64	Judy Chadima	Cedar Rapids	3:26.8	1990
65-69	Glenda Sharp	Cedar Rapids	4:44.1	2001
70-74	Glenda Sharp	Cedar Rapids	6:07.9	2007
	# Anne Burnett	Cave Creek, AZ	4:54.9	2010
200 YARD INDIVIDUAL MEDLEY / MEN				
50-54	KC Cornish	Grinnell	2:26.6	2007
55-59	Tom Kealy	Council Bluffs	2:30.10	2011
60-64	Mick Barry	Ankeny	2:44.1	2010
65-69	Tom Cady	Des Moines	3:31.0	1996
	# Robert Blake	Bridgeton, MO	3:20.3	1994
70-74	Jim Kempkes	Des Moines	4:15.4	1996
	# Perry Rockwell	Plattesville, WI	3:26.3	1996
75-79	Leon Dolski	West Des Moines	2:44.8	1992
500 YARD FREESTYLE / WOMEN				
50-54	Debbie Fisk	Waukee	7:14.2	2007
55-59	Cindy Hauber	Ames	7:07.1	2010
60-64	Virginia Lane	Coralville	10:32.3	2009
65-69	Virginia Lane	Coralville	10:44.22	2011
70-74	Ruth Johnson	Davenport	10:00.6	2006
	# Judy Kennedy	Lincoln, NE	8:58.3	2007
75-79	Ruth Johnson	Davenport	10:14.0	2010
500 YARD FREESTYLE / MEN				
50-54	Tom Kealy	Council Bluffs	5:52.0	2010
55-59	Tom Kealy	Council Bluffs	5:53.03	2011
60-64	Eric Fruin	Marshalltown	6:53.6	2006
65-69	Jack Mathews	Des Moines	9:22.1	2004
70-74	# Sam Chilton	Omaha, NE	9:38.9	2004
75-79	Stuart Ashmead	Ottumwa	10:15.4	2007
80-84	Roger Smith	Davenport	14:05.4	2004
200 Yd Freestyle Relay				
50 +	Tom Kealy, Brian Steffen	James Carty, Ann Kealy-Angel	1:59.11	2011
60+	Ruben Rullan, James Chew	Ivan Maggert, Alan Schenck	3:33.02	2011
200 Yd Medley Relay				
50 +	Tom Kealy, Brian Steffen	James Carty, Ann Kealy-Angel	2:21.96	2011

60+	Ruben Rullan, James Chew	Ivan Maggert, Alan Schenck	4:19.17	2011
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