

Rules: Football-Softball: Accuracy Throw

Football (Junior-size Football)

Softball (12")

1. Places are awarded based on the highest points earned.
2. One practice throw will be allowed at each distance.
3. The participant must announce beforehand if he/she is taking a practice throw or throwing for a score.
4. Each participant will attempt six (6) throws from each of the following:
Football Distances:
Women: 7 and 11 yards **Men: 10 and 12 yards**
5. Softball Distances:
a. **Women: 8 and 12 yards** **Men: 12 and 15 yards**
6. The target will be the opening in a 25 inch ring, the center of which will be 5 feet off the ground.
7. Ten (10) points will be awarded for each throw that goes through the target from the shortest lines.
8. Twenty (20) points will be awarded for each throw goes through the target from the farthest lines.
9. In case of a tie, the participant with most consecutive successful throws will be declared the winner.
10. If a tie still remains, duplicate medals will be awarded.

Rules: Football / Softball Distance Throw

Football (Junior-size)

Softball (12")

1. Each competitor's longest single throw is used to determine the order of finish.
2. Participants will be allowed one (1) warm-up throw and four (4) official throwing attempts.
3. A foot fault (going past the foul line during the throw) counts as one of the four throwing attempts but has no distance recorded.
4. If a ball lands outside the foul lines, it will be charged as a throw, but will not count for distance.
5. In case of a tie, the participant with the second longest throw will be declared the winner.
6. If a tie still remains, duplicate medals will be awarded.

ISO reserves the right to change the event format for any age division based on entry numbers, space restrictions, or other circumstances.