

2012 IOWA SENIOR OLYMPICS

Tentative Schedule

(Dates, Times or Locations Could Change)

Friday, June 1

5:00 p.m. Softball Tournament Raccoon River Park

Saturday, June 2

8:00 a.m. Softball Tournament Raccoon River Park

4:00 p.m. 5 K Cycling Elkhart, IA Memorial Park

4:00 10 K Cycling Elkhart, IA Memorial Park

Thursday, June 14

8:00 a.m. Golf Tournament Willow Creek G.C.

8:00 – 10:00 Shuffleboard:
Singles (50-69) Valley HS, North Gym

9:00 – Noon Pickleball:
Mixed Doubles Valley HS, Field House

10:00 - Noon Shuffleboard:
Singles (70+) Valley HS, North Gym

Noon – 2:00 Shuffleboard:
Doubles (70+) Valley HS, North Gym

12:30 – 6:00 Pickleball:
(Time tentative) Doubles & Singles Valley HS, Field House

2:00 Shuffleboard:
Doubles (50-69) Valley HS, North Gym

4:00 Horseshoes Holiday Park

5:45 Volleyball Valley HS, North Gym

Friday, June 15

8:30 a.m. Tennis: Singles Valley Southwoods

8:30-10:00 Basketball Shooting:
Free Throws Valley HS, Field House

9:00 - Noon Table Tennis: Singles Indian Hills Jr. High

10:00-11: 30 Basketball Shooting:
Around the World Valley HS, Field House

10:00 -1:00 Racquetball: Singles Riverfront YMCA

10:00 -1:00 Handball: Singles Riverfront YMCA

Noon Table Tennis:
Doubles and Mixed Doubles Indian Hills Jr. High

11:30 - 2:00 Football Throws:
Distance and Accuracy Valley HS, Track

11:30 - 2:00 Softball Throws:
Distance and Accuracy Valley HS, Practice Field

1:00 3x3 Basketball Valley HS, Field House

1:00 Racquetball: Doubles Riverfront YMCA

1:00 Handball: Doubles Riverfront YMCA

2:00 - 3:15 Frisbee Throw
Distance and Accuracy Valley High Stadium

3:15 – 5:00 Field Goal Kick Valley High Stadium

3:15 – 5:00 Soccer Kick Valley High Stadium

5:30-8:00 Granny Basketball
Social & Banquet LRC Building

6:00 Social &
Hall of Fame Reception Site to be Set

Saturday, June 16

8:00 a.m.	Road Race: 5k-10k	Clive Aquatic Center
8:30	Granny Basketball	Valley HS, Gyms
8:30	Tennis: Doubles & Mixed Doubles	Valley Southwoods
9:00	Scrabble Tournament	Valley High School
9:00	Badminton: Singles	Valley Southwoods
11:00	Badminton: Doubles & Mixed Doubles	Valley Southwoods
Noon	Swim Meet	Valley HS, Pool
	<i>(See www.iowaseniorolympics.com for order of events.)</i>	
Noon	Bowling Singles	Val Lanes Bowling

Events Co-Hosted with Iowa Games

Triathlon

Sunday July 8 Easter Lake, Des Moines

Archery

Saturday-Sunday July 14 - 15 Ames

Cycling Road Race

Sunday July 15 Boone

Saturday Continued

Track: Running Events

8:15 a.m.	5,000 Meter	Valley HS Track
	Power Walk & Race Walk	
9:15	100 Meter Dash	Valley HS Track
10:15	1,500 Meter Run	Valley HS Track
10:45	400 Meter Run	Valley HS Track
11:15	1,500 Meter	Valley HS Track
	Power Walk & Race Walk	
11:45	50 Meter Dash	Valley HS Track
12:30 p.m.	800 Meter Run	Valley HS Track
1:00	200 Meter Dash	Valley HS Track

Track: Field Events

1:00-2:30 p.m.	Shot Put (50-64)	Valley HS Track
1:00-2:30	Discus (65+)	Valley HS Track
1:30	High Jump	Valley HS Track
2:00-4:00	Running Long Jump	Valley HS Track
2:00-3:30	Standing Long Jump	Valley HS Track
2:30-4:00	Shot Put (65+)	Valley HS Track
2:30-4:00	Discus (50-64)	Valley HS Track
4:00-5:00	Triple Jump	Valley HS Track
5:00-6:00	Javelin Throw	Valley HS Track

Sunday, June 17

8:30 a.m.	Granny Basketball	Valley HS, Gyms
Noon	Bowling: Doubles & Mixed Doubles	Val Lanes Bowling