

2011 Iowa Senior Olympics: Road Race / 5 K (New Course)							Record
First Name	Last Name	Gender	State	Division	Time	Place	Medal
Kathy	Ford	F	IA	50-54 Female	30:22	1	Gold
Diann	Zimmerman	F	IA	60-64 Female	31:58	1	Gold
Shirley	Sprague	F	IA	70-74 Female	39:21	1	Gold
Patrick	Weepie	M	IA	50-54 Male	24:33	1	Gold
Brad	Ewest	M	IA	55-59 Male	22:33	1	Gold
Rick	Van Scoy	M	IA	55-59 Male	24:53	2	Silver
Robert	Hoffman	M	IA	60-64 Male	27:06	1	Gold
Larry	Hamm	M	IA	60-64 Male	28:44	2	Silver
Ron	Truhlar	M	IA	65-69 Male	30:21	1	Gold
Ruben	Rullan	M	IA	70-74 Male	31:29	1	Gold
Alvin	Ravenscroft	M	IA	75-79 Male	37:00	1	Gold
Chuck	Wolle	M	NV	75-79 Male	37:09	2	Silver
2011 Iowa Senior Olympics: Road Race / 5 Mile (New Distance)							Record
First Name	Last Name	Gender	State	Division	Time	Place	Medal
Janine	Seibert	F	IA	50-54 Female	43:17	1	Gold
Margaret	Kneedler	F	IA	60-64 Female	65:03	1	Gold
Brad	Ewest	M	IA	55-59 Male	38:12	1	Gold
Brian	Anstedt	M	IA	55-59 Male	57:54	2	Silver
David	Zimmerman	M	IA	60-64 Male	47:37	1	Gold
Earl	Smith	M	IA	60-64 Male	57:54	2	Silver
John	Schneller	M	IA	65-69 Male	40:59	1	Gold
Wilbur	Veenstra	M	IA	70-74 Male	59:22	1	Gold