

2011 Iowa Senior Olympics: Cycling 5K / Women						Record
Sandy	Dunivan	50-54	IA	8:06.8	1	Gold
Roberta	Blakeman	60-64	IA	8:52.3	1	Gold
Nancy	Forrest	60-64	IA	9:29.1	2	Silver
Maggie	Friede	65-69	AI	11:23.4	1	Gold
2011 Iowa Senior Olympics: Cycling 5K / Men						Record
First Name	Last Name	Division	State	5 K	Place	Medal
Ken	Hopkins	50-54	IA	7:30.8	1	Gold
John	Bregar	50-54	IA	7:33.4	2	Silver
Mike	Haas	50-54	IA	8:21.8	3	Bronze
Brian	Reed	50-54	IA	8:38.4	4	
Robert	Steinbach	55-59	IA	7:16.3	1	Gold
Danny	Kruzic	55-59	IA	7:33.4	2	Silver
Gerald	Osmundson	55-59	IA	10:24.0	3	Bronze
Paul	Black	60-64	IA	7:02.5	1	Gold
Jim	Jenkins	60-64	IA	7:36.4	2	Silver
Craig	Morkert	60-64	IA	8:02.7	3	Bronze
Terry	Grapentine	60-64	IA	7:59.1	4	
Richard	Westin	60-64	IA	9:16.6	5	
William	Earp	65-69	MO	7:28.7	1	Gold
Donald	Jacobusse	65-69	IA	7:44.9	2	Gold
James	Floyd	65-69	IA	7:46.4	3	Silver
Robert	Sturgeon	65-69	IA	7:56.6	4	Bronze
Edward	Hegner	65-69	IA	8:09.7	5	
Earl	Hill	65-69	IA	9:22.1	6	
Dick	Friede	65-69	IA	11:17.0	7	
David	Brown	65-69	IA	13:02.8	8	
JOHN	MAGYAR	70-74	Ark	8:02.3	1	Gold
John	Hartwig	70-74	IA	8:08.3	2	Gold
Edward	Klatte	70-74	IA	11:26.2	3	Silver
Alvin	Ravenscroft	75-79	IA	9:56.7	1	Gold
Lee	Kane	75-79	IA	14:42.9	2	Silver
2011 Iowa Senior Olympics: Cycling 10K / Women						Record
Sandy	Dunivan	50-54	IA	16:57.0	1	Gold
Roberta	Blakeman	60-64	IA	18:22.8	1	Gold
Nancy	Forrest	60-64	IA	19:44.2	2	Silver
Maggie	Friede	65-69	AI	23:49.2	1	Gold
2011 Iowa Senior Olympics: Cycling 10K / Men						Record
First Name	Last Name	Division	State	10 K Time	Place	Medal
Ken	Hopkins	50-54	IA	15:57.4	1	Gold
John	Bregar	50-54	IA	16:18.5	2	Silver
Mike	Haas	50-54	IA	17:51.3	3	Bronze
Brian	Reed	50-54	IA	18:29.2	4	
Robert	Steinbach	55-59	IA	15:24.2	1	Gold
Danny	Kruzic	55-59	IA	15:57.1	2	Silver
Gerald	Osmundson	55-59	IA	21:41.3	3	Bronze
Paul	Black	60-64	IA	14:38.7	1	Gold
Jim	Jenkins	60-64	IA	15:53.6	2	Silver
Craig	Morkert	60-64	IA	16:56.6	3	Bronze
Terry	Grapentine	60-64	IA	17:16.6	4	
Richard	Westin	60-64	IA	21:00.4	5	
William	Earp	65-69	MO	15:27.6	1	Gold
Donald	Jacobusse	65-69	IA	16:15.4	2	Gold
James	Floyd	65-69	IA	16:22.1	3	Silver
Robert	Sturgeon	65-69	IA	16:47.6	4	Bronze
Edward	Hegner	65-69	IA	17:02.4	5	
Earl	Hill	65-69	IA	20:22.2	6	
Dick	Friede	65-69	IA	23:53.5	7	
David	Brown	65-69	IA	27:09.4	8	
JOHN	MAGYAR	70-74	Ark	16:50.7	1	Gold
John	Hartwig	70-74	IA	18:04.0	2	Gold
Edward	Klatte	70-74	IA	23:42.1	3	Silver
Alvin	Ravenscroft	75-79	IA	20:53.2	1	Gold
Lee	Kane	75-79	IA	30:46.8	2	Silver