

Iowa Senior Olympics: Road Race / 5,000 Meters / Women					
First Name	Last Name	Division	State	Time	Medal
Lila	Star	50-54 Female	IA	30:18	Gold
Shirley	Sprague	65-69 Female	IA	41:07	Gold
Gloria	Tracy	70-74 Female	CA	37:54	Gold
Iowa Senior Olympics: Road Race / 5,000 Meters / Men					Record
First Name	Last Name	Division	State	Time	Medal
Jim	Quigley	50-54 Male	IA	18:57	Gold
Brad	Ewest	55-59 Male	IA	22:24	Gold
Steve	Scoville	55-59 Male	IA	22:29	Silver
Roy	Ney	60-64 Male	IA	23:05	Gold
Robert	Hoffman	60-64 Male	IA	28:38	Silver
Gary	Patton	65-69 Male	IA	21:15	Gold
Ron	Truhlar	65-69 Male	IA	31:56	Silver
Rubin	Rullan	65-69 Male	IA	32:18	Bronze
Jose	Badillo	70-74 Male	IA	23:22	Gold
Jim	Matthews	70-74 Male	IA	25:51	Silver
Gerald	Hendrickson	70-74 Male	IA	28:48	Bronze
Eugene	Brown	70-74 Male	IA	35:52	
Wilbur	Veenstra	70-74 Male	IA	37:05	
Alvin	Ravenscroft	75-79 Male	IA	30:50	Gold
Thomas	Young	90-94 Male	KS	56:16	Gold
Iowa Senior Olympics: Road Race / 10,000 Meters / Women					
Gloria	Tracy	70-74 Female	CA	1:02.57	Gold
Iowa Senior Olympics: Road Race / 10,000 Meters / Men					
Jim	Quigley	50-54 Male	IA	39:07	Gold
Richard	Townsend	60-64 Male	IA	49:46	Gold
Neil	Olson	60-64 Male	IA	1:02.30	Silver
Gerald	Hendrickson	70-74 Male	IA	1:08.40	Gold
Wilber	Veenstra	70-74 Male	IA	1:18.16	Silver